		MONDAY
10:00AM	1.5 HR	Freedom of Choice - House, Corner of
		10th and Silver, 1950 Silver Street,
		Jacksonville, FL (O,D,SPK)
NOON	1 HR	The Noon Group - Faith United
		Methodist Church, 4000 Spring Park Rd,
6.20DM	1 HR	Jacksonville, FL (O,WC,SPK) Gift of Life - Classroom 4, 230
6:30PM	ТЦК	Kingsley Ave, Orange Park, FL
		(O,D,TOP,NS,SPK) Last Meeting of the
		Month - Anniversary Celebration
7:00PM	1 HR	DEEPNA - R. F. Kennedy Center - 2nd
		Tues of ech mth is a SO, 1133 Ionia
		Street, Jacksonville, FL (O,WC,SPK)
7:00PM	1 HR	Living Clean - St. Peter's Episcopal
		Church, Adult Center, Room 6, 5042
		Timuquana Rd, Jacksonville, FL
		(O,D,WC,LIT)
7:00PM	1 HR	Living with Hope - Mandarin United
		Methodist Church, Rm 843 (2nd floor of gym), 11270 San Jose Blvd,
		Jacksonville, FL
		(O,D,VAR,TOP,WC,SD)
7:00PM	1 HR	Recovery - Faith United Methodist
		Church, 4000 Spring Park Rd,
		Jacksonville, FL (O,BT,D,WC,SPK)
		TUESDAY
10:00AM	1 HR	Freedom of Choice - House, Corner of
10100/01		10th and Silver, 1950 Silver Street,
		Jacksonville, FL (O,D,SPK)
6:30PM	1 HR	Middleburg Group - United Methodist
		Church, Bldg E, Mongiovi House, Left of
		School, 3925 Main St, Middleburg, FL
		(O,D,SPK)
7:00PM	1 HR	Carrying the Message - Mandarin
		Presbyterian Church, Quad portable
		building 2 - West Campus, 2501 Loretta
		Road, Jacksonville, FL (C,D) Masks Required
7:00PM	1 HR	DEEPNA - R. F. Kennedy Center - 2nd
,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,		Tues of ech mth is a SO, 1133 Ionia
		Street, Jacksonville, FL (O,WC,SPK)
7:00PM	1 HR	No More Excuses - Calvin
		Presbysterian Church, 4050 Barnes Rd,
		Jacksonville, FL (O,W,SPK)
7:00PM	1 HR	Oceanway Group Of NA - Bldg next
		to Playground, 5&10, Five and Dime,
		3220 New Berlin Rd, Jacksonville, FL
		(O,FD,5&D)
8:00PM	1 HR	Avondale Group - St. John's Church
		Annex, 41/2 Shirley Ave, Jacksonville,
8:00PM	1 HR	FL (O,D,SPK) Fernandina Beach Group - Kingdom
0.00FM	TUK	of Ministries Church, 911 South 13th St,
		Fernandina Beach, FL (O,D)
		WEDNESDAY
10.004	1	
10:00AM	1 HR	Freedom of Choice - House, Corner of
		10th and Silver, 1950 Silver Street,
NOON	1 HR	Jacksonville, FL (O,D,SPK)
NUON	тпк	DEEPNA - R. F. Kennedy Center, 1133 Ionia St, Jacksonville, FL (O,D,WC,SPK)
		-
6:00PM	1 HR	Lost & Found - 18 S Dixie Hwy, St
		Augustine, FL (O,D,LIT,SPK)
6:00PM	1 HR	Unspoken Truth - 341 East Forsyth
		St, Jacksonville, FL (0,GL,LGBTQ+)

WEDNESDAY (CONT)					
6:30PM	1 HR	Gift of Life - Classroom 4, 230			
0.50111	±	Kingsley Ave, Orange Park, FL			
		(O,CAN,MED,NS,SPK) Last Meeting of			
		the Month - Speaker (JFT till 1/21)			
6:30PM	1 HR	On The Pathway To Recovery - 613			
		W Ashley St, Jacksonville, FL (O)			
7:00PM	1 HR	DEEPNA - R. F. Kennedy Center, 1133			
		Ionia St, Jacksonville, FL (O,D,SPK)			
7:00PM	1 HR	Living Clean - St. Peter's Episcopal			
		Church, Adult Center, Room 6, 5042			
		Timuquana Rd, Jacksonville, FL (O,WC,RF)			
7:00PM	1 HR	Recovery - Faith United Methodist			
,		Church, 4000 Spring Park Rd,			
		Jacksonville, FL (O,BT,D,WC,SPK)			
		THURSDAY			
10:00AM	1 HR	Freedom of Choice - House, Corner of			
10.0040	TIII	10th and Silver, 1950 Silver Street,			
		Jacksonville, FL (0,D,SPK)			
NOON	1 HR	The Noon Group - Faith United			
		Methodist Church, 4000 Spring Park Rd,			
		Jacksonville, FL (O,WC,SPK)			
6:00PM	1 HR	More Will Be Revealed - 25 Cottage			
		Ave, Jacksonville, FL (O)			
6:30PM	1 HR	Gratitude - St. Andrews Lutheran			
		Church, 1801 Beach Blvd, Jacksonville			
7	1	Beach, FL (O,VAR,SPK)			
7:00PM	1 HR	Another Day Clean - Mandarin			
		Presbyterian Church, Quad portable building 2 - West Campus, 2501 Loretta			
		Road, Jacksonville, FL (O,VAR,SPK)			
7:00PM	1 HR	Clean and Serene - Center for			
,		Spiritual Living, Zoom Mtg ID:			
		468-934-945, 1795 Old Moultrie Rd, St			
		Augustine, FL (O,D,LIT,HY,SPK)			
7:00PM	1 HR	DEEPNA - R. F. Kennedy Center - 2nd			
		Thur of ech mth is a SO, 1133 Ionia St,			
		Jacksonville, FL (O,D,WC,SPK)			
7:00PM	1 HR	Fernandina Beach Group - Kingdom			
		of Ministries Church, 911 South 13th St,			
0.00DM	1 UD	Fernandina Beach, FL (O,BK)			
8:00PM	1 HR	Avondale Group - St. John's Church Annex, 4172 Shirley Ave, Jacksonville,			
		FL (0,TOP,LIT,CPC)			
		FRIDAY			
10:00AM	1.5 HR				
10.00AM	T.2 UK	Freedom of Choice - House, Corner of 10th and Silver, 1950 Silver Street,			
		Jacksonville, FL (O,D,SPK)			
NOON	1 HR	The Noon Group - Faith United			
		Methodist Church, 4000 Spring Park Rd,			
		Jacksonville, FL (O,STP,WC,SPK)			
7:00PM	1 HR	Courage to Change - Community			
		Presbyterian Church, Parking and			
		meeting room along Sherry Dr. side of			
		Church, 150 Sherry Dr, Atlantic Beach,			
		FL (O,D,SPK)			
7:30PM	1 HR	Ultimate Weapon - Mandarin United			
		Methodist, Kasey Mogle hall, 11270 San Jose Blvd, Jacksonville, FL (C,TOP,WC)			
8:00PM	1 HR	Fernandina Beach Group - Kingdom			
0.00	TUK	of Ministries Church, 911 South 13th St,			
		Fernandina Beach, FL (O,SPK)			
8:00PM	1.5 HR	Frantic Serenity - Church of the Good			
		Shepherd, Upstairs, 1100 Stockton St,			
		Jacksonville, FL (O,BEG,STP,SD,SPK)			
		· · · · ·			

		FRIDAY (CONT)
9:30PM	1 HR	Lost & Found - 18 S Dixie Hwy, St Augustine, FL (O,BEG,D,SPK)
		SATURDAY
9:00AM	1 HR	Gift of Life - Classroom 4, 230
		Kingsley Ave, Orange Park, FL
		(O,SWG,NS,SPK)
10:00AM	1 HR	In The Wind - Faith United Methodist
		Church, 4000 Spring Park Rd,
		Jacksonville, FL (O,WC)
11:00AM	1.5 HR	Freedom of Choice - House, Corner o
		10th and Silver, 1950 Silver Street,
F 000M	1.115	Jacksonville, FL (O,D,SPK)
5:00PM	1 HR	Recovery at Work - St. John's
		Presbyterian Church Annex, 4172 Shirley Ave, Jacksonville, FL
		(O,D,WC,SPK)
6:00PM	1 HR	Lost & Found - 18 S Dixie Hwy, St
		Augustine, FL (O,D,SPK)
7:00PM	1 HR	Alive-N-Kickin! - Calvary United
		Methodist Church, 112 Blanding Blvd,
		Orange Park, FL (O,VAR,WC,SPK)
7:00PM	1 HR	Courage to Change - Community
		Presbyterian Church, Parking and
		meeting room along Sherry Dr. side of
		Church, 150 Sherry Dr, Atlantic Beach, FL (O,D,SPK)
7:00PM	1.5 HR	Mustard Seed Group - 1100 stockton
,Fri	1.5 nK	st, Jacksonville, FL (O,BT,WC)
		SUNDAY
NOON	1 HR	The Noon Group - Faith United
NUUN	TUK	Methodist Church, 4000 Spring Park Rd
		Jacksonville, FL (O,WC,SPK)
3:00PM	1.5 HR	It's About Change - Faith United
		Methodist Church, 4000 Spring Park Rd
		Jacksonville, FL (C,D,WC,SPK) Open
		meeting on 4th Sunday each mth for
		Celebrations
4:00PM	1 HR	Sisters of Serenity - Builders of the
		Faith Community Church, in the Multi-
		Purpose Room, 5900 Ricker Road, Jacksonville, FL (O,W)
5:00PM	1 HR	A Vision of Hope - Suite D, 93 Orange
		Street, St Augustine, FL (O)
6:00PM	1 HR	Turning Point - Shepherd of the
		Woods Church, 7860 Southside Blvd,
		Jacksonville, FL (O,WC)
6:30PM	1 HR	7th Street Group - Amelia Room Club
		906 S. 7th Street, Fernandina Beach, Fl
		(O,D)
7:00PM	1 HR	Alive-N-Kickin! - Calvary United
		Methodist Church, 112 Blanding Blvd,
	1 HR	Orange Park, FL (O,VAR,WC,SPK)
7.00DM	тик	Clean and Serene - Center for Spiritual Living, Zoom Mtg ID:
7:00PM		Spinitaur Living, 20011 Mily ID.
7:00PM		
7:00PM		468-934-945, 1795 Old Moultrie Road,
7:00PM 7:00PM	1 HR	468-934-945, 1795 Old Moultrie Road, St Augustine, FL (O,D,HY,SPK)
	1 HR	468-934-945, 1795 Old Moultrie Road,
	1 HR	468-934-945, 1795 Old Moultrie Road, St Augustine, FL (O,D,HY,SPK) DEEPNA - R. F. Kennedy Center - 2nd
	1 HR	468-934-945, 1795 Old Moultrie Road, St Augustine, FL (O,D,HY,SPK) DEEPNA - R. F. Kennedy Center - 2nd Tues of ech mth is a SO, 1133 Ionia
	1 HR 1 HR	468-934-945, 1795 Old Moultrie Road, St Augustine, FL (O,D,HY,SPK) DEEPNA - R. F. Kennedy Center - 2nd Tues of ech mth is a SO, 1133 Ionia Street, Jacksonville, FL (O,WC,¤ , SPK)

SUNDAY (CONT)

8:00PM 1 HR Fernandina Beach Group - Kingdom of Ministries Church, 911 South 13th St, Fernandina Beach, FL (O,BK)

MEETING FORMAT LEGEND						
5&D	Five and Dime	BEG	Beginners			
BK	Book Study	BT	Basic Text			
C	Closed to Non- Addicts	CAN	Candlelight			
CPC	Chairperson Choice	D	Discussion			
FD	Five and Dime	GL	Gay/Lesbian/Transgender			
HY	Hybrid	LGBTQ+	- LGBTQ+			
LIT	Literature Study	MED	Just for Today Study			
NS	No Smoking	0	Open			
RF	Rotating Format	SD	Speaker & Discussion			
SPK	Speaker Only	STP	Step			
SWG	Step Working Guide Study	ТОР	Торіс			
VAR	Format Varies	W	Women			
WC	Wheelchair	¤	Outdoor Meeting			

WHAT IS THE NA PROGRAM?

NA is a non-profit Fellowship or society of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean. Our meetings are a process of identification, hope, and sharing. The heart of NA beats when two addicts share their recovery.

WHAT IS OUR MESSAGE?

The message is that an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live. Our message is hope and the promise of freedom. When all is said and done, our primary purpose can only be to carry the message to the addict who still suffers because that is all we have to give.

SERVICE MEETINGS

First Coast Area Service Committee 11:00am - 2nd Sat of the Month (hybrid) Zoom ID: 861 8368 1438 passcode: firstcoast 1100 Stockton St

Guidelines Subcommittee 9:45am - 2nd Sat of the Month 1100 Stockton St

PR & Web Subcommittee 3:00pm - 1st Sun of the Month 4172 Shirley Ave - St. John's Church Annex Bldg

Hospitals & Institutions Subcommittee 7:00pm - 3rd Thursday of the Month 4000 Spring Park Rd

Helpline Subcommittee 3:00pm - 1st Saturday of the Month (online only) Zoom ID: 861 8368 1438 passcode: firstcoast

Convention Subcommittee 5:00pm - Last Sunday of the Month 4000 Spring Park Rd - Next to Church Office

> Activities Subcommittee TBD TBD

JUST FOR TODAY

Tell Yourself:

Just for today my thoughts will be on my recovery, living and enjoying life without the use of drugs.

Just for today I will have faith in someone in NA who believes in me and wants to help me in my recovery.

Just for today I will have a program. I will try to follow it to the best of my ability.

Just for today through NA I will try to get a better perspective on my life.

Just for today I will be unafraid, my thoughts will be on my new associations, people who are not using and who have found a new way of life. So long as I follow that way, I have nothing to fear.

PHONE NUMBERS

MAY 2024

FIRST COAST AREA MEETING SCHEDULE

Jacksonville, FL

including SERENITY COAST AREA MEETINGS



24 HOUR HELPLINE (904) 723-LOVE (5683)

First Coast Area of **NARCOTICS ANONYMOUS** PO Box 41381 Jacksonville, FL 32209

www.firstcoastna.org www.serenitycoastna.org www.naflorida.org www.na.org

59 Meetings Weekly

WE DO RECOVER

When at the end of the road we find that we can no longer function as a human being, either with or without drugs, we all face the same dilemma. What is there left to do? There seems to be this alternative: either go on as best we can to the bitter ends- jails, institutions or death- or find a new way to live. In years gone by, very few addicts ever had this last choice. Those who are addicted today are more fortunate. For the first time in man's entire history, a simple way has been proving itself in the lives of many addicts. It is available to us all. This is a simple spiritual- not religious- program, known as Narcotics Anonymous.